

Rachel Glas

Birthday: September 1

Color: Dark green, purple and dark blue

Flower: Sunflowers, Lilly's

Sweet Treat: peach rings, brownies/rice crispies (without nuts) allergic to coconut

Snack: Chips, crackers, hummus, dark or milk chocolate

Morning Drink: tea, anything except black

Wine/Beer/Spirit: Pinot Grigio, kombucha, basically won't except Chardonnay

Pastime: reading, watching TV, walking around the neighborhood, sitting in the grass

Relaxation Activity: yoga, hiking

Restaurant: Sol Food, Cafe del soul

Store to Shop for Yourself: Target, Madewell, Nordstroms

Need/Want for the Classroom: